What is claimed is:

- 1. A method for improving a treatment for a bone-associated pathology in a mammal, which treatment comprises administering a chemotherapeutic agent and TBI to the mammal, comprising replacing the TBI with the administration of an amount of a complex comprising a radionuclide and a bone targeting ligand sufficient to deliver about 20 to about 60 Gy to the bone marrow of the mammal.
- 2. A therapeutic method to increase the efficacy of a chemotherapeutic treatment for a bone-associated pathology in a mammal comprising administering to the mammal, a chemotherapeutic agent and an amount of a complex comprising a radionuclide and a bone targeting ligand sufficient to deliver about 20 to about 60 Gy to the bone marrow of the mammal; wherein the efficacy of the chemotherapeutic treatment is increased without a substantial increase in at least one side effect, and wherein the mammal is not subjected to TBI in conjunction with the chemotherapeutic treatment.

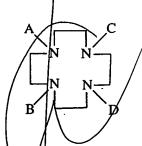
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- 3. The method of claim 1 or 2 further comprising the prior steps of administering a dosimetry dose of said radionuclide complex and determining the percent of the radionuclide that localizes to the bone of said mammal to determine a therapeutic dose for the radionuclide complex.
- 20 4. The method of claim 3 wherein the dosimetry dose comprises about 30-50 mci of said radionuclide.
 - 5. The method of claim 1 or 2 wherein the administration of the chemotherapeutic agent and the complex does not produce substantially more side effects than the administration of the chemotherapeutic agent alone.

- 6. The method of claim 1 or 2 wherein the administration of the chemotherapeutic agent and the complex does not produce substantially more side effects than the admnistration of the chemotherapeutic agent and TBI.
- 7. The method of claim 1 or 2 wherein the chemotherapeutic agent is administered after administration of the complex.
 - 8. The method of claim 1 or 2 further comprising administering an effective amount of GM-CSF or G-CSF to said mammal after bone marrow suppression is achieved.
- The method of claim 1 or 2 wherein the bone targeting ligand is a
 macrocyclic aminophosphonic acid.
 - 10. The method of claim 9 wherein the macrocyclic aminophosphonic acid is of the formula:



wherein substituents A, B, C, and are independently selected from hydrogen, hydrocarbon radicals having from 1-8 carbon atoms,

and physiologically acceptable salts of the acid radicals wherein X and Y are independently selected from the group consisting of hydrogen, hydroxyl, carboxyl, phosphonic, and hydrocarbon radicals having from 1-8 carbon atoms

$$\begin{array}{c|c}
X \\
C \\
Y \\
N
\end{array}
COOH,
\begin{array}{c|c}
X \\
C \\
Y \\
59 \\
\end{array}
PO_3H_2,
\begin{array}{c|c}
X' \\
C \\
Y' \\
N'
\end{array}
OH$$

and physiologically acceptable salts of the acid radicals, and n is 1-3 with the proviso that when n > 1, each X and Y may be the same as or different from the X and Y of any other carbon atom; X' and Y' are independently hydrogen, methyl, or ethyl radicals, and n' is 2 or 3, with the proviso that at least two of said nitrogen substituents is a phosphorus containing group.

11. The method of claim 1 or 2 wherein the radionuclide is ⁶⁷Cu, ⁷⁷As, ⁷⁷Lu, ⁹⁹Mo, ¹⁰⁵Rh, ¹¹⁵Cd, ¹²²Sb, ¹⁴⁹Pr, ¹⁹³Os, ¹⁹⁸Au, ²⁰⁰Th, ¹⁵³Sm, ⁹⁰Y, ¹⁵⁹Gd, ¹⁸⁶Re, ¹⁸⁸Re or ¹⁶⁶Ho.

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- 12. The method of claim 1 or 2, wherein said ligand is selected from the group consisting of ethylenediaminetetramethylenephosphonic acid (EDTMP), diethylenetriaminepentamethylenephosphonic acid (DTPMP), hydroxyethylethylenediaminetrimethylenephosphonic acid (HEEDTMP), nitrilotrimethylenephosphonic acid (NTMP), 1,4,7,10-tetraazacyclododecanetetramethylenephosphonic acid (DOTMP), and tris(2-aminoethyl)aminehexamethylenephosphonic acid (TNIMP).
 - 13. The method of claim 1 or 2, wherein the mammal is a human.

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14. The method of claim 13, wherein about 2000-3000/MBq/kg is administered.

15. The method of claim 1 or 2 further comprising transplanting bone marrowor stem cells into a human after sufficient bone marrow suppression is achieved.

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- 16. The method of claim 15 further comprising transplanting autologous bone marrow or stem cells into a human following purging cancerous cells from the bone marrow or stem cells prior to the transplanting step.
- 17. The method of claim 1 or 2, wherein the mammal is afflicted with cancer and the dose is effective to treat said cancer.
- 18. The method of claim 17, wherein the cancer is leukemia, lymphoma, multiple myeloma, metastatic breast cancer, metastatic prostate cancer, Hodgkin's disease, Ewing's sarcoma, osteosarcoma, non-Hodgkin's lymphoma,
 germ cell tumor, lung cancer, ovarian cancer, renal cell carcinoma, melanoma, or myelodysplastic syndrome.
 - 19. The method of claim 17, wherein the cancer is a cancer comprising bone metastasis.
- 20. A method of treating a bone-associated cancer or non-cancerous disorder of bone marrow comprising administering to a human subject afflicted with said cancer or disorder an effective amount of a macrocyclic aminophosphonate ¹⁶⁶Ho complex in combination with an effective high dosage amount of a chemotherapeutic agent, wherein said amounts are effective to suppress the cancer cells or bone marrow cells of said mammal, and wherein said treatment does not substantially increase a side effect associated with the treatment with said chemotherapeutic agent used alone.
- 25 21. The method of claim 20 wherein the method is not carried out in conjunction with TBI.

- 22. The method of claim 20, wherein said amount of complex delivers about 30-50 Gy to the bone marrow of said human subject.
- 5 23. The method of claim 20 or 22 further comprising the prior steps of administering a dosimetry dose of said ¹⁶⁶Ho complex and determining the percent of said ¹⁶⁶Ho localized to the bone of said mammal.
- 24. The method of claim 20, wherein said aminophosphonate is 1,4,7,10-tetraazacyclododecanetetramethylene-phosphonic acid (DOTMP).
 - 25. The method of claim 20, further comprising transplanting bone marrow or stem cells into the mammal after sufficient ablation is achieved.
- 15 26. The method of claim 20, wherein a single dose of radionuclide is administered.
 - 27. The method of claim 26, wherein said dose is administered within about 0.1-4 hours.
 - 28. The method of claim 26, wherein said dose is administered as a single infusion or injection.
 - 29. The method of claim 20, wherein the human is afflicted with cancer.

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- 30. The method of claim 29 wherein the cancer is multiple myeloma.
- 31. The method of claim 20 or 30, wherein melphalan is administered at a dose of at least about 200 mg/m².
- 5 32. The method of claim 29, wherein the cancer is a cancer with bone metastasis.
 - 33. The method of claim 32 wherein the cancer is metastatic breast cancer or metastatic prostate cancer.
- 34. The method of claim 29, wherein the cancer is leukemia, lymphoma, breast cancer, prostate cancer, Hodgkin's disease, Ewing's sarcoma, osteosarcoma, non-Hodgkin's lymphoma, germ cell tumor, ovarian cancer, renal cell carcinoma, melanoma, or myelodysplastic syndrome.
 - 35. The method of claim 20, wherein the complex is administered in a liquid dosage form comprising an effective antiradiolytic amount of a radioprotectant.
- 15 36. A method for treating bone associated cancer, wherein said method comprises administering to a human in need of such treatment an effective bone marrow suppressing dosage of ¹⁶⁶Ho-1,4,7,10-tetraazacyclododecane-tetramethylene-phosphonic acid (DOTMP) complex wherein the ratio of DOTMP to ¹⁶⁶Ho is above about 3; wherein said dosage delivers from about 20-
 - 37. The method of claim 36 which does not comprise TBI.
 - 38. The method of claim 36 wherein the cancer is prostate cancer.
 - 39. The method of claim 36, 37, or 38 which does not comprise administration of a chemotherapeutic agent.

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- 40. The method of claim 39 wherein the cancer is prostate cancer and wherein a chemotherapeutic agent is also administered.
- 41. The method of claim 40 wherein the agent is an anti-androgen.
- 42. The method of claim 40 wherein local radiotherapy is also administered.
- 43. The method of claim 36, wherein about 30-50 Gy is delivered to the bone marrow.
 - 44. The method of claim 36 wherein the cancer is breast cancer.
- 45. The method of claim 44 wherein a chemotherapeutic agent is also administered.
 - 46. The method of claim 44 wherein hematopoietic growth factors are also administered.
 - 47. The method of claim 36, wherein the dosage contains about 2000-3000 MBq/kg of body weight of said mammal.
 - 48. The method of claim 36 or 43 wherein a single dosage of complex is administered.
- 49. The method of claim 36 wherein the molar ratio of DOTMP to ¹⁶⁶Ho is about 3.5-4:1.
 - 50. A method for treating infectious diseases in or near bone wherein said method comprises administering to a mammal in need of such treatment a dosage of a radionuclide complexed with a bone targeting ligand, or a physiologically acceptable salt thereof; wherein from about 250 to about 3000 megabecquerels per kilogram of body weight of the radionuclide is administered.

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- 51. The method of claim 50, wherein said infectious disease is selected from the group consisting of osteochondritis, osteomyelitis, soft tissue infection, tuberculous osteomyelitis, osteochondritic syphilis, mycotic osteomyelitis, and periostic syphilis.
- 52. A method for treating noncancerous diseases in or near bone wherein said method comprises administering to a mammal in need of such treatment a dosage of a radionuclide complexed with a bone targeting ligand, or a physiologically acceptable salt thereof; wherein from about 250 to about 3000 megabecquerels per kilogram of body weight of the radionuclide is administered, without use of TBI.
 - 53. A method of claim 52, wherein the disease is polycythemia vera, macroglobulinemia (Waldenstrom syndrome), megakaryocytic myelosis, or malignant histiocytosis.
 - 54. The method of any one of clarms 50, 51, 52, or 53 wherein the radionuclide is ¹⁵³Sm, ⁹⁰Y, ¹⁵⁹Gd, ¹⁸⁸Re, ¹⁸⁸Re or ¹⁶⁶Ho.
 - 55. The method of claim 54, wherein the radionuclide is ¹⁶⁶Ho.
 - 56. The method of any one of claims 50, 51, 52, or 53 wherein about 2000 to about 3000 megabecquerels per kilogram of body weight of the radionuclide is administered.
- 25 57. A method for suppressing bone marrow or treating a bone marrow-associated pathology comprising administering an aqueous pharmaceutical composition to a human in need of such suppression or treatment, wherein said

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composition comprises an effective amount of a complex of ¹⁶⁶Ho with 1,4,7,10-tetraazacyclododecane-tetramethylenephosphonic acid (DOTMP), wherein the mole ratio of DOTMP to ¹⁶⁶Ho is above 3, and an effective stabilizing amount of a radioprotectant, so that the composition is stable for at least about 72 hours under ambient conditions.

- 58. The method of claim 57 wherein the composition delivers about 20-60 Gy of ¹⁶⁶Ho to the bone marrow of the human.
- 10 59. The method of claim 57 wherein the ratio of DOTMP to ¹⁶⁶Ho is about 3.5-5:1.
 - 60. The method of claim 57, 58, or 59 wherein the composition is administered as a single dose.
 - 61. The method of claim 60 wherein the dose is administered within about 4 hours.
 - 62. The method of claim 57 wherein the radioprotectant is ascorbic acid.
 - 63. The method of claim 57 wherein the bone marrow-associated pathology is cancer.
 - 64. The method of claim 63 wherein the cancer is multiple myeloma.
 - 65. The method of claim 64 further comprising administering at least about 200 mg/m² of melphalan to said human.

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- 66. The method of claim 57 wherein the cancer is metastatic prostate cancer or metastatic breast cancer.
- 67. The method of claim 57, 64, or 66 further comprising administering targeted radiation or TBI to said human.
 - 68. The method of claim 66 further comprising administering a chemotherapeutic agent to said human.
- 10 69. The method of claim 67 wherein the agent is administered after complex is administered.
 - 70. The method of claim 57 further comprising the steps of administering a dosimetry dose of ¹⁶⁶Ho-DOTMP to said human and determining the percent distribution of ¹⁶⁶Ho to the bone of said human.

71. A liquid pharmaceutical composition comprising ¹⁶⁶Ho complexed with 1,4,7,10-tetraazacyclododecanetetramethylene-phosphonic acid (DOTMP) in a mole ratio of DOTMP to ¹⁶⁶Ho above 3; and an effective antiradiolytic amount of a pharmaceutically acceptable radioprotectant.

- 72. The composition of claim 71, wherein the radioprotectant is ascorbic acid or gentisic acid.
- 73. The composition of claims 71 or 72 wherein the ratio of DOTMP to ¹⁶⁶Ho 25 is about 3.5-5.

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- 74. The composition of claim 71, comprising an aqueous carrier adjusted to pH 7-8.
- 75. The composition of claim 71 comprising about 35-75 mg ascorbic acid/ml of composition.
 - 76. The composition of claim 71 which is stable for at least 72 hours under ambient conditions.
- 10 77. A method to treat metastatic prostate cancer in a human in need of such therapy comprising administering to the mammal an effective dose of the composition of claim 71.
- 78. The method of claim 77 further comprising subjecting the mammal to local radiation therapy.
 - 79. A method to treat metastatic breast cancer in a human in need of such therapy comprising administering to the human an effective dose of the composition of claim 71.

80. A method for treating a patient afflicted with a hematopoietic genetic defect wherein said method comprises administering to a mammal in need of such treatment a bone marrow suppressing dosage of a radionuclide complexed with a bone targeting ligand, or a physiologically acceptable salt thereof; wherein from about 250 to about 3000 megabecquerels per kilogram of body weight of the radionuclide is administered and; administering a therapeutic gene to said patient.

- 81. The method of claim 80 wherein a transgenic stem cell comprising a recombinant normal human gene is administered to the pateint following suppression of the bone marrow.
- 82. The method of claim 79 wherein the composition is administered in
 5 conjunction with a combination of cyclophosphamide, thiotepa and carboplatin.
 - 83. The method of claim or 2 wherein the bone-associated pathology is metastatic breast cancer and the chemotherapeutic agent is cyclophosphamide, thiotepa, carboplatin or a combination thereof.
- 84. The method of claim 32 wherein the cancer is breast cancer and the chemotherapeutic agent is cyclophosphamide, thiotepa, carboplatin or a combination thereof.
 - 85. The method of claim 44 or 68 wherein the chemotherapeutic agent is cyclophosphamide, thiotepa, carboplatin or a combination thereof.